

## Technical Sheet Trekking in Freedom 8 days !

### > Day 0 - Arrival in Martinique or Guadeloupe

We can welcome you at the airport in Fort de France and take you there. Zero worries as we take care of the transfers, hotel and Express des Iles ferry tickets.

## Services in Dominica

**Program** for Express des Iles arrival in the morning of Day 1 and return to Martinique Guadeloupe on Day 08, late morning:

### > Day 1,

Arrival at the Roseau Port, late morning (the following day and port of departure)

Pick up luggage and hikers. Transition to the bank to obtain Eastern Caribbean Dollars ECS. Budget approximately ECS300 for the duration of your stay as there are few souvenirs to buy. Lunch will be in the centre of the city at Pearl's Cuisine. Main course + a local fruit drink + a beer and a coffee. Thereafter, drinks other than fresh water will not be included.

At about 13h30 departure to the village of Soufrière.

We give you a Road Book, we lend you a 1/40 000 map, one GPS Garmin, a mobile phone of rescue, binoculars and masks and tuba if desired.

Drop off of luggage at Rodney's Wellness campsite then hike on **segment 1 of the Waitukubuli National Trail (WNT)**.

Journey between the end of segment 1 of Soufriere, up the top of Morne Crabier then back down to the village of Galion, continuation by road to arrive at Scott's Head which is the southernmost village of the island.

Possible bath in the Caribbean Sea at a small beach in Scott's Head.

A private bus will take you back to your campsite for the evening. Sleep in a large 3-4 places Vaude Campo double tent with a Thermarest mattress.

Shower in cold water. Washroom, dining room and pool.

#### • Sgt 1 Soufriere - Scott's Head

Hike 2.5 hours 4 hours round trip/ 7 Km

↻ 300m

↻ 460m

### > Day 2

You will depart from the campsite early in the morning (7h00) to complete **segment 2 of the WNT**. Picnic. In the evening you will eat and sleep in camping style on a farm in Bellevue Chopin. Night under double tent, simple shower with cold water. Meals will be served at your hosts' table who are the keepers of a medicinal herb plantation. Delicious Rasta vegetarian food.

#### • Sgt 2 Soufriere - Bellevue Chopin

Hike 6 hours / 11, 5 km

↻ 956m

↻ 578m



> Day 3

Early in the morning (7:00 am) you will leave Roy & Cheryl to complete **segment 3**. Picnic. At the end of segment 3 you will be right in front of your guesthouse, the Petit Paradis where you will spend three nights

• Sgt 3 Bellevue Chopin Wotten Waven

Hike 6 hours / 12 km

↻ 602 m

↻ 839 m

> Day 4

Hike to **Boiling Lake with guide**. He will take you at 07:30. The hike takes about 7 hours. Picnic. Return to Petit Paradis for the evening.

Hiking shoes with long socks and long pants to prevent burns.

• Desolation Valley + Boiling Lake

Hike 6 to 7 hours

↻ 900 m

↻ 900 m

> Day 5

Hike to the end of **segment 5 and segment 6** Arrival at the Touna Auté Kalinago Indian village. Picnic lunch. Explanation of the Kalinago culture by Village Chief Irvine. Dinner and breakfast the following day served at his home. Night in his house. Wash room available however you may refresh yourself in the nearby river.

• Sgt 5 finish / 6 Barana Auté Castle Bruce

Hike 5 hours 10.5 km

↻ 533 m

↻ 430 m

If overnighing in Kalinago Territory

Hike 6 hours / 15 km

↻ 750 m

↻ 630 m

> Day 6

**WNT segment 10 and part of 11** Hike. Departure by bus to the village of Colihaut with a 45 minute walk from the beginning of segment 10. Lunch picnic. The bus will pick you up at Glanvilla (American University) or near Bornes to take you to the guesthouse “Heaven Best” at Savane Paille, au Nord de Portsmouth.

• Sgt 10 From Colihaut to Union.

Hike 3 hours / 13 km



📍 306 m

📍 257 m

• Sgt 11 From Syndicat to Bornes.

Hike 3 hours / 9 km

📍 345 m

📍 808 m

> Day 7

**WNT Segment 13 Hike & Partial of WNT segment 14.**

In the morning the bus will take you back to Pennville at the beginning of Sgt 13. Possibility of making a small stop in the hollow of the volcano Morne aux Diabes to see Cold Soufrière (about 40 minute walk). Picnic lunch. Possibility of bathing in Toucari Bay. The bus will then take you to Fort Shirley for a souvenir photo under the End of Waitukubuli National Trail sign. Return to your guesthouse fHeaven Best for you final night in Dominica.

Sgt 13 + partial 14 Pennville - Capuchin - Toucari Bay Beach - Savanne Paille

Hike 5,5 hours 13 km

📍 432 m

📍 432 m

> Day 8

The bus will take you to the ferry terminal in Roseau for check-in around 8:30 am - 9:00 am. Departure of the ferry at 10:30. Help with registration.

Be careful, no Swiss knife in pockets nor sand or lighter.

End of our services.

**All trips will be made with a privatized car or bus.**

**In Day 4, the guide will not be present with the group in the evening and night.**

**Our services start at your arrival to your departure from the port in Roseau. The inter-island transport is at your expense. Alcohol beverages are not included. Do not come with Euros € or US\$.**

**The country's departure tax of US \$23 or EC \$59 must to be settled before check-in upon return by each person is not included.**

**October 2016 Prices:**

**Base 2 pax in double room:**

**US \$1235 / pax**

**Base 3 pax in double or twin room + 1 single:**

**US \$1200**

**Base 4 pax in double room:**

**US \$1150**

**€ / US\$ exchange rate:**

**[Http://www.zonebourse.com/EURO-US-DOLLAR-EUR-USD-4591/](http://www.zonebourse.com/EURO-US-DOLLAR-EUR-USD-4591/)**

